



Canadian  
Human  
Trafficking  
Hotline

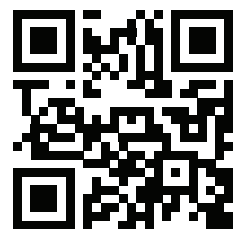
# Your job shouldn't be your jail

As a migrant worker in Canada,  
you have the right to come  
and go freely and speak with  
loved ones back home.

No one should ever control where you  
go or who you talk to. If this is happening  
to you, we are here to help.

**If your freedom is restricted,  
call 1-833-900-1010**

**Every call is confidential and free of charge.**









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# Your work shouldn't risk your health

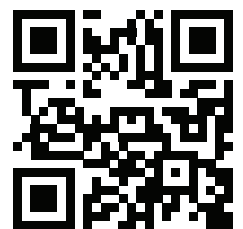
As a migrant worker in Canada,  
you should never have to live  
or work in unsafe conditions.

No one should ever force you to do work  
you weren't hired for. If this is happening  
to you, we are here to help.



**If you feel unsafe,  
call 1-833-900-1010**

**Every call is confidential and free of charge.**





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# Your employer shouldn't be a threat

As a migrant worker in Canada,  
you should never experience abuse.

No one should ever threaten you with  
violence, arrest, or deportation. If this  
is happening to you, we are here to help.



**If you feel threatened,  
call 1-833-900-1010**

**Every call is confidential and free of charge.**

